

[Mobile pdf] Once a Runner: A Novel (English Edition)

Once a Runner: A Novel (English Edition)

Von John L. Parker Jr.
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Von John L. Parker Jr. : Once a Runner: A Novel (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Once a Runner: A Novel (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen4 von 4 Kunden fanden die folgende Rezension hilfreich.
MeilensteinVon Christian JohannQuenton Cassidy ist Lufer. Als sogenannter Miler ist die englische Meile seine
Wettkampfdistanz. Zu Beginn des Romans "Once a Runner" ist er im wahrsten Sinne des Wortes auf dem besten Weg,
die vier Minuten, eine magische Grenze fr alle Miler, zu unterbieten. Immer mehr ordnet Cassidy alles andere in

seinem Leben dem Laufen unter. Als Bruce Denton, Goldmedaillengewinner und Cassidys Kommilitone, beginnt, ihm unter die immer dnrer werdenenden Arme zu greifen, wird das Trainingspensum des talentierten Milers immer abstruser. "Once a Runner" bietet Einblick in die Psyche des Lufers. Darber hinaus ist Cassidys Geschichte die eines Menschen, der dem einen Ziel alles hintanstellt. Er ist der sich selbst Qulende, der nur antworten kann, dass es keins gibt, wenn ihn jemand nach dem Geheimnis seines Erfolgs fragt. 3:43,13 Minuten: Das ist die schnellste Zeit, die je ein Mensch ber die lngste Mittelstreckendistanz, die Meile, gelaufen ist. Eine Meile ist 1609,344 Meter lang. Wer den Selbstversuch wagt, vier Runden im Stadion so schnell wie mglich rennt, seine Zeit stoppt und danach "Once a Runner" liest, wird die Seiten dieses Buches nur noch mit einem umblttern: mit Ehrfurcht. 3 von 3 Kunden fanden die folgende Rezension hilfreich. An Old Favorite Von J. Hill I read this book about ten years ago. It was only a matter of a week or two before it had been passed around to everyone on my x-c team. I've had three children since then, and am just beginning to get back into running again. This book came to mind, in almost a haunting way. Once a runner...well, it just becomes part of your soul. 3 von 3 Kunden fanden die folgende Rezension hilfreich. Not just a great novel about running, but a great novel peri Von Ein Kunde Never before has a writer been able to capture the sport of running in words like John L. Parker Jr. Once A Runner is not just a great novel about running, but a great novel period. As a high school coach I give it to every serious runner I coach. As an English Major and voracious reader I recommend it to non-runners.

Kurzbeschreibung Originally self-published in 1978, Once a Runner captures the essence of competitive running and of athletic competition in general and has become one of the most beloved sports novels ever published. Inspired by the authors experience as a collegiate champion, the story focuses on Quenton Cassidy, a competitive runner at fictional Southeastern University whose lifelong dream is to run a four-minute mile. He is less than a second away when the turmoil of the Vietnam War era intrudes into the staid recesses of his schools athletic department. After he becomes involved in an athletes protest, Cassidy is suspended from his track team. Under the tutelage of his friend and mentor, Bruce Denton, a graduate student and former Olympic gold medalist, Cassidy gives up his scholarship, his girlfriend, and possibly his future to withdraw to a monastic retreat in the countryside and begin training for the race of his life against the greatest miler in history. A rare insiders account of the incredibly intense lives of elite distance runners, Once a Runner is an inspiring, funny, and spot-on tale of one mans quest to become a champion. Pressestimmen "The best novel ever written about running." -- Runner's World "Part training manual, part religious tract, part love story, and all about running, Once a Runner is so inspiring it could be banned as a performance-enhancing drug." -- Benjamin Cheever, author of Strides: Running Through History with an Unlikely Athlete "By far the most accurate fictional portrayal of the world of the serious runner...a marvelous description of the way it really is." -- Kenny Moore, Sports Illustrated "There is a remarkable parallel between the pacing of this novel and a well-run race." -- Ed Ayres, Running Times "Perhaps the best novel ever written about running. There are parts of Once a Runner that are pure poetry. I enjoyed it thoroughly and have never read descriptions of what it is to run and race as accurate and compelling as Parker's." -- Tom Jordan, Track Field News "The best piece of running fiction around. Beg, borrow, or buy a copy, and you'll never need another motivator." -- Dave Langlais, Runner's World Kurzbeschreibung Originally self-published in 1978, Once a Runner captures the essence of competitive running and of athletic competition in general and has become one of the most beloved sports novels ever published. Inspired by the authors experience as a collegiate champion, the story focuses on Quenton Cassidy, a competitive runner at fictional Southeastern University whose lifelong dream is to run a four-minute mile. He is less than a second away when the turmoil of the Vietnam War era intrudes into the staid recesses of his schools athletic department. After he becomes involved in an athletes protest, Cassidy is suspended from his track team. Under the tutelage of his friend and mentor, Bruce Denton, a graduate student and former Olympic gold medalist, Cassidy gives up his scholarship, his girlfriend, and possibly his future to withdraw to a monastic retreat in the countryside and begin training for the race of his life against the greatest miler in history. A rare insiders account of the incredibly intense lives of elite distance runners, Once a Runner is an inspiring, funny, and spot-on tale of one mans quest to become a champion.