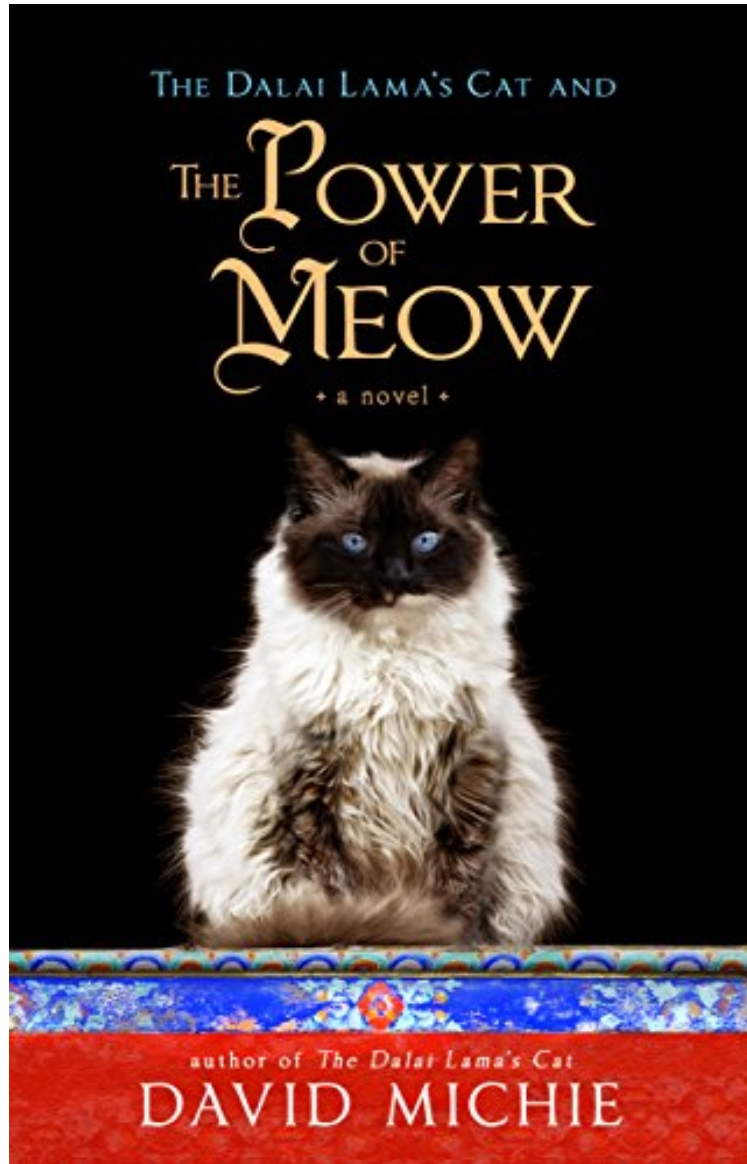


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The Dalai Lama's Cat and the Power of Meow

Von David Michie

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Von David Michie : The Dalai Lama's Cat and the Power of Meow before purchasing it in order to gage whether or not it would be worth my time, and all praised The Dalai Lama's Cat and the Power of Meow:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. A must-read for cat-lovers and people enjoying the Dalai Lama and his teachings!Von oshunIf you already read the 2 previous books about HHC you are most probably reading this one now.It continues the story of the lovely feline and her human friends and invites us to join her in her understanding of meditation.The book is as beautifully written as the

previous ones, loving and gentle and at times also really funny. Very inspired: the dialogue between HHC and HHD. Who is HHD? Well, check it out! Makes a good read for cat-lovers as well as people interested in Buddhism and meditation. 0 von 0 Kunden fanden die folgende Rezension hilfreich. Eine super Fortsetzung zu den anderen zwei Bchern Von Frances Clemens Ich habe die ersten zwei Bcher aus dieser Serie verschlungen und das dritte Buch auch. Auf humorvoller und leicht verstdlicher Weise werden die Prinzipien von Buddhismus, die Vorzge der Meditation und die menschlichen Schwchen dargestellt. Es ist einfach ein schnes Buch. 0 von 0 Kunden fanden die folgende Rezension hilfreich. You love cats - you practice Yoga - you want to learn how to meditate.... Von Rena... then read this book and you will become enlightened. Get to know HHC and the Dalai Lama. Great fun! Promise: you will get away from the dull routine of everyday life and get caught by a cats way of thinking. Meow and purr!!

Kurzbeschreibung If you ever doubted that your feline companion has her own inner life, just watch what happens when she falls asleep, and loses conscious control of her physical being . . . a twitching of limbs, a quivering of the jaw, sometimes perhaps a snuffling noise or a meow. . . . Cats may indeed be capable of great mindfulness. But we are thinking beings, too. In my own case, unfortunately, a being who thinks rather too much. In the latest installment of the Dalai Lamas Cat series, His Holiness Cat (HHC) is on a mission: to think less, to experience more, to live in the moment. She soon learns the proper phrase for this, being mindful, or, a concept better known to her as the power of meow. What ensues is a journey to discover her own true nature, to gain a deeper understanding of her mind, and to experience lifes greatest joy, the here and now. Throughout, she shares encounters with familiar inhabitants of Dharamsala, as well as a whole new cast of characters: a senior exec from one of Silicon Valleys most famous social media companies (hint: the name rhymes with litter), the Popes beloved dog (who shares a shockingly similar title: HHD, His Holiness Dog), and a public health inspector who threatens to have our poor narrator banned from the Himalaya Book Caf. In this follow-up to the Dalai Lamas Cat and the Art of Purring, readers escape to the enchanting and exotic world of the Dalai Lamas monastery in the Himalayas, and take a peek inside the mind of a delightfully imperfect creature on the path to enlightenment. By accompanying HHC on her journey, you will learn new ways to relate to your own mind: slowing down, finding peace, and abiding in the boundless radiance and benevolence that is your own true nature. **Pressestimmen** Praise for The Dalai Lama's Cat: A truly heartwarming story that'll have you hooked from the first page. -- Soul Spirit magazine This enchanting story is a rare treat. I highly recommend it! -- Gay Hendricks, author of Conscious Living and The First Rule of Ten Some cat books are catnip for the soul but The Dalai Lama's Cat is best described as nirvana for the cat lover's soul. A transcendent book destined to be a classic. -- CatWisdom101.com **Kurzbeschreibung** If you ever doubted that your feline companion has her own inner life, just watch what happens when she falls asleep, and loses conscious control of her physical being . . . a twitching of limbs, a quivering of the jaw, sometimes perhaps a snuffling noise or a meow. . . . Cats may indeed be capable of great mindfulness. But we are thinking beings, too. In my own case, unfortunately, a being who thinks rather too much. In the latest installment of the Dalai Lamas Cat series, His Holiness Cat (HHC) is on a mission: to think less, to experience more, to live in the moment. She soon learns the proper phrase for this, being mindful, or, a concept better known to her as the power of meow. What ensues is a journey to discover her own true nature, to gain a deeper understanding of her mind, and to experience lifes greatest joy, the here and now. Throughout, she shares encounters with familiar inhabitants of Dharamsala, as well as a whole new cast of characters: a senior exec from one of Silicon Valleys most famous social media companies (hint: the name rhymes with litter), the Popes beloved dog (who shares a shockingly similar title: HHD, His Holiness Dog), and a public health inspector who threatens to have our poor narrator banned from the Himalaya Book Caf. In this follow-up to the Dalai Lamas Cat and the Art of Purring, readers escape to the enchanting and exotic world of the Dalai Lamas monastery in the Himalayas, and take a peek inside the mind of a delightfully imperfect creature on the path to enlightenment. By accompanying HHC on her journey, you will learn new ways to relate to your own mind: slowing down, finding peace, and abiding in the boundless radiance and benevolence that is your own true nature.