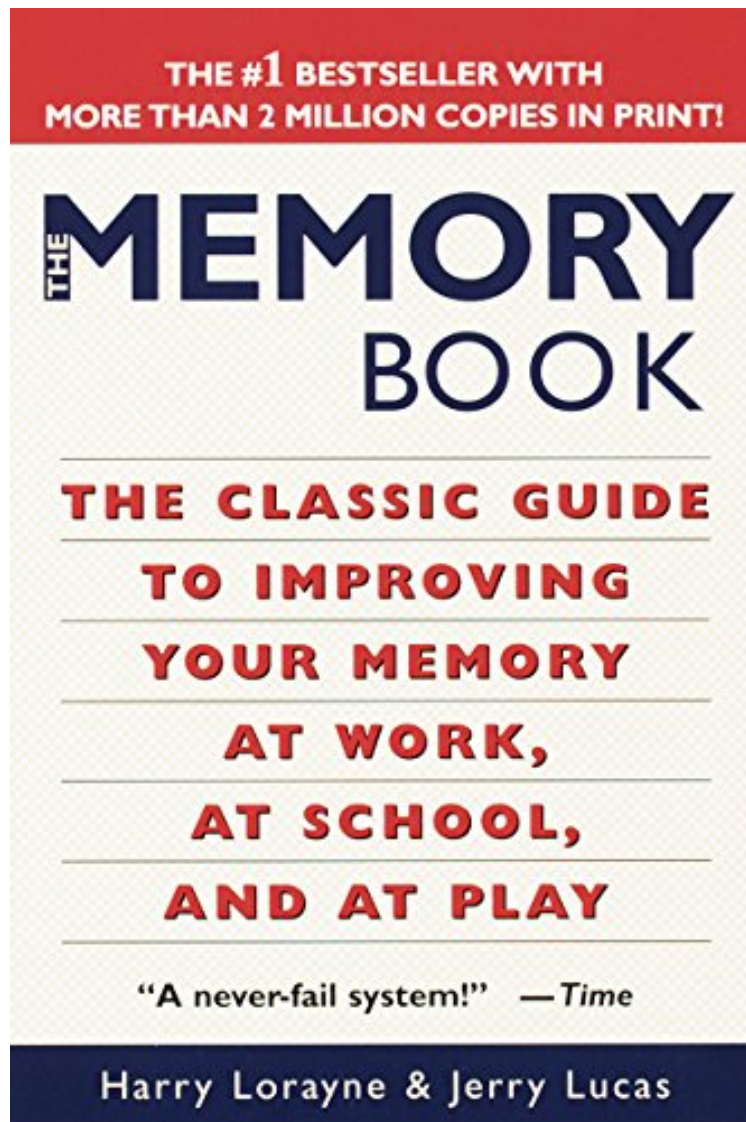


(Pdf free) The Memory Book: The Classic Guide to Improving Your Memory at Work, at School, and at Play

# The Memory Book: The Classic Guide to Improving Your Memory at Work, at School, and at Play

Von Harry Lorayne, Jerry Lucas

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Von Harry Lorayne, Jerry Lucas : **The Memory Book: The Classic Guide to Improving Your Memory at Work, at School, and at Play** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Memory Book: The Classic Guide to Improving Your Memory at Work, at School, and at Play:

KundenrezensionenHilfreichste Kundenrezensionen1 von 4 Kunden fanden die folgende Rezension hilfreich. Was war das denn?Von ElijaIch wei nicht wie dieses Buch so gute Bewertungen bekommen hat.Die Rezensionen leiteten mich

irre und ich kaufte das Buch mit groen Erwartungen, und wurde bitter enttäuscht. Der Leser wird genervt, denn das Buch ist in einer Art nervigem Pseudo-dialog zwischen den Autoren geschrieben. Wobei ich damit noch hätte leben können, wenn der Inhalt besser gewesen wäre. Kauft euch lieber ein Buch von Dominic O'Brien oder Christiane Stenger. Selbst einen Stern gebe ich dem Buch nur ungern.

5 von 5 Kunden fanden die folgende Rezension hilfreich. On the very short list of absolute MUST READ books!! Von David Dath Harry Lorayne, a master magician and card entertainer, is also one of the world's leading memory experts. "The Memory Book" will change your life, literally. In the book, Lorayne describes in detail several memory techniques that, with a little practice, will have you remembering virtually anything you want. Among the techniques, the three I use the most are the Link, Substitute Words, and the Peg. The Link is used to remember any number of items, such as 20 objects, etc. The Peg is used to remember any number of objects in order. Using a phonetic type alphabet for numbers, that is, assigning a consonant sound for each number, Lorayne shows how to memorize numbers easily. The techniques really do work. Frankly, I've never spent so little for something that has changed my life so much. One testimonial is in order: I am a professional teacher. The first day of class I use one of Lorayne's techniques in my class that allows everyone in the classroom, including me, to remember the name of everyone else in the classroom. And it takes less than 20 minutes. The systems work. The only minor quibble I have with the book is that after reading this book, I also read widely in the area of memory improvement. Other books have used the identical techniques to improve memory, so I'm confused as to how much of Lorayne's techniques originated with him, or were borrowed from the literature. This minor point aside, you really do need to have this book on your "READ" list. A real treasure.

9 von 9 Kunden fanden die folgende Rezension hilfreich. Unglaubliche Hilfe Von Oli Das vorgestellte Buch ist das erste, das ich in dieser Richtung lese - deshalb weiß ich nicht, ob vergleichbare Bücher ähnlich gut sind. Aber die Techniken, die hier aufgezeigt werden, klappen unglaublich gut. Allerdings nur, wenn man auch gut Englisch spricht, denn die Verknüpfung zwischen Wort und Bild muss man sich verinnerlichen, damit einem die Techniken in Fleisch und Blut bergehen. Für mich eine wunderbare Hilfe beim Merken von Einkaufslisten und Namen. Meine größte Schwierigkeit ist die in dem Buch angeführte Technik, aus einigen durchgeworfenen Konsonanten Worte zu bilden. Ich bin mir da nicht sicher, ob sich die englischen Merkgeregeln sehr auf deutsche Worte abbilden lassen. Für englische Muttersprachler ist das Buch auf alle Fälle Top!

Kurzbeschreibung Unleash the hidden power of your mind through Harry Lorayne and Jerry Lucas's simple, fail-safe memory system, and you can become more effective, more imaginative, and more powerful, at work, at school, in sports and play. Discover how easy it is to: file phone numbers, data, figures, and appointments right in your head; learn foreign words and phrases with ease; read with speed--and greater understanding; shine in the classroom--and shorten study hours; dominate social situations, and more. From the Paperback edition.

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